

September 2025 Site Bulletin

Coudersport	Galeton
	The Galeton Senior Center has <u>Grab and Go Meals</u> Wednesdays, Thursdays, and Fridays, between 11 am & noon ONLY Meals must be reserved by 1 pm the day before. For reservations call the Galeton Sr. Center at 814-433-2390
09/03 – Card Games	09/03– Exercise Bikes & Cards
09/04 – Game of Choice	09/04 – Center Nutrition “Healthy Eating on a Busy Schedule”
09/05 – Exercise at the center (stretching/chair exercises) starts at 11:00 am	09/05 – Cards / Crafts
09/10 – Maplevue Goldenagers Monthly Meeting 11 am / Card Games	09/10 – Exercise Bikes / LRC
09/11 – Game of Choice	09/11 – Crafts
09/12 – Card Games	09/12 – Cards / Crafts
09/17 – Card Games	09/17 – Cards
09/18 – Game of Choice	09/18 – H&W Nutrition “Embracing Healthy Fall Foods A seasonal Harvest of Nutrition”
09/19 – BINGO! – Small Prizes Awarded!!!	09/19 – Cards
09/24 – Blood Pressure and Medication Checks	09/24 – Exercise Bikes / LRC
09/25 – Card Games	09/25 – Dominoes
09/26 – Exercise at the center (stretching/chair exercises) starts at 11:30 am	09/26 – Cards / Monthly Meeting 12:30 pm
	<u>SPECIAL EVENTS:</u> September 20 – <u>Galeton’s 20th Annual Fall Festival</u> 10AM – 4PM John J. Collins Park Centertown – Galeton, PA. Raffles. Crafts, Food
<u>A Big Coudersport Happy Birthday to:</u> All Celebrators	<u>A Big Galeton Happy Birthday to:</u> All Celebrators

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Oswayo Valley – COFFEE'S UP - 9:30 AM – EVERYONE IS WELCOME	Ulysses – COMPUTER HELP WITH JERRY
09/01 – Labor Day / Center is Closed No Home Delivery Meals	09/01 – Labor Day / Center is Closed No Home Delivery Meals
09/02 – Stretching 9:30 am / Pencil Day / Card Sharks 10 am / I&R “Getting Ready For Fall”	09/02 – Crafts
09/03 – Water Day / BINGO! 10 am / Blood Pressure Checks w Caren	09/03 – BINGO!
09/08 – Stretching 9:30 am / Card Sharks 10 am /PA Insurance Program 11:30 am / Honoring Grandparents	09/08 – Computer Help w Jerry / Exercise / Games
09/09 – Bring A Game Day!! 10 am / Massages 2 pm	09/09 – Crafts
09/10 – BINGO! 10 am / Scholarship Bingo starts 5 pm	09/10 – BINGO!
09/15 – Stretching 9:30 am / Card Sharks 10 am / Candy Bar Day	09/15 – Computer Help with Jerry / Exercise & Games
09/16 – NFL Shirt Day!! / Cheese Day / Center Nutrition	09/16 – Crafts
09/17 – BINGO! 10 am w Pizza / Manager’s Meeting 2 pm	09/17 – BINGO!
09/22 – Stretching 9:30 am / Card Sharks 10 am / “ WELCOME FALL Party ”	09/22 – Computer Help with Jerry / Exercise & Games
09/23 – GAME DAY!! / Gum Drop Day 10 am	09/23 – Crafts
09/24 – BINGO! 10 am / ICE CREAM SUNDAES!! / Scholarship BINGO! 5 pm	09/24 – BINGO!
09/29 – Stretching 9:30 am / Card Sharks 10 am / Potato Chip Day	09/29 – Computer Help with Jerry / Exercise & Games
09/30 – Audiology Testing Day 10 am / Brownie Day	09/30 – Crafts
10/01 – BINGO! 10 am / Pudding Day	
**SPECIAL EVENTS: September 2 – <u>State Senators Cris Dush & Doug Mastriano visit!!</u> September 18 – Road Trip – VIDDLER’S leave 10 am September 20 – We are at the LIBRARY FESTIVAL	**SPECIAL EVENTS: September 6 – <u>Hiawatha Paddlewheel RiverBoat Trip & Supper at Fry Brothers’ Turkey Ranch</u>
<u>A Big Oswayo Valley Happy Birthday to:</u> All Celebrators	<u>A Big Ulysses Happy Birthday to:</u> All Celebrators