

# September 2025 Site Bulletin

Coudersport	Galeton
	<b>The Galeton Senior Center has <u>Grab and Go Meals</u> Wednesdays, Thursdays, and Fridays, between 11 am &amp; noon ONLY Meals must be reserved by 1 pm the day before. For reservations call the Galeton Sr. Center at 814-433-2390</b>
09/03 – Card Games	09/03 – Exercise Bikes & Cards
09/04 – Game of Choice	09/04 – Center Nutrition “Healthy Eating on a Busy Schedule”
09/05 – Exercise at the center (stretching/chair exercises) starts at 11:00 am	09/05 – Cards / Crafts
09/10 – Mapleview Goldenagers Monthly Meeting 11 am / Card Games	09/10 – Exercise Bikes / LRC
09/11 – Game of Choice	09/11 – Crafts
09/12 – Card Games	09/12 – Cards / Crafts
09/17 – Card Games	09/17 – Cards
09/18 – Game of Choice	09/18 – H&W Nutrition “Embracing Healthy Fall Foods A seasonal Harvest of Nutrition”
09/19 – <b>BINGO!</b> – Small Prizes Awarded!!!	09/19 – Cards
09/24 – Blood Pressure and Medication Checks	09/24 – Exercise Bikes / LRC
09/25 – Card Games	09/25 – Dominoes
09/26 – Exercise at the center (stretching/chair exercises) starts at 11:30 am	09/26 – Cards / Monthly Meeting 12:30 pm
	<p><b>SPECIAL EVENTS:</b></p> <p>September 20 – <b>Galeton’s 20<sup>th</sup> Annual Fall Festival 10AM – 4PM</b>  <b>John J. Collins Park</b>  <b>Centertown – Galeton, PA.</b>  Raffles. Crafts, Food</p>
<p><b><u>A Big Coudersport Happy Birthday to:</u></b>  All Celebrators</p>	<p><b><u>A Big Galeton Happy Birthday to:</u></b>  All Celebrators</p>

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<b>Oswayo Valley</b> – COFFEE'S UP - 9:30 AM – EVERYONE IS WELCOME	<b>Ulysses</b> – COMPUTER HELP WITH JERRY
09/01 – <b>Labor Day / Center is Closed</b> No Home Delivery Meals	09/01 – <b>Labor Day / Center is Closed</b> No Home Delivery Meals
09/02 – Stretching 9:30 am / <b>Pencil Day</b> / Card Sharks 10 am / I&R “Getting Ready For Fall”	09/02 – Crafts
09/03 – Water Day / <b>BINGO!</b> 10 am / Blood Pressure Checks w Caren	09/03 – <b>BINGO!</b>
09/08 – Stretching 9:30 am / Card Sharks 10 am /PA Insurance Program 11:30 am / Honoring <b>Grandparents</b>	09/08 – Computer Help w Jerry / Exercise / Games
09/09 – <b>Bring A Game Day!!</b> 10 am / Massages 2 pm	09/09 – Crafts
09/10 – <b>BINGO!</b> 10 am / <b>Scholarship Bingo</b> starts 5 pm	09/10 – <b>BINGO!</b>
09/15 – Stretching 9:30 am / Card Sharks 10 am / <b>Candy Bar Day</b>	09/15 – Computer Help with Jerry / Exercise & Games
09/16 – <b>NFL Shirt Day!! / Cheese Day</b> / Center Nutrition	09/16 – Crafts
09/17 – <b>BINGO!</b> 10 am w <b>Pizza</b> / Manager's Meeting 2 pm	09/17 – <b>BINGO!</b>
09/22 – Stretching 9:30 am / Card Sharks 10 am / “ <b>WELCOME FALL Party</b> ”	09/22 – Computer Help with Jerry / Exercise & Games
09/23 – <b>GAME DAY!! / Gum Drop Day</b> 10 am	09/23 – Crafts
09/24 – <b>BINGO! 10 am / ICE CREAM SUNDAES!! / Scholarship BINGO! 5 pm</b>	09/24 – <b>BINGO!</b>
09/29 – Stretching 9:30 am / Card Sharks 10 am / <b>Potato Chip Day</b>	09/29 – Computer Help with Jerry / Exercise & Games
09/30 – <b>Audiology Testing Day</b> 10 am / <b>Brownie Day</b>	09/30 – Crafts
10/01 – <b>BINGO!</b> 10 am / <b>Pudding Day</b>	
<b>**SPECIAL EVENTS:</b> September 2 – <u><b>State Senators Cris Dush &amp; Doug Mastriano visit!!</b></u> September 18 – Road Trip – <b>VIDDLER'S</b> leave 10 am September 20 – We are at the <b>LIBRARY FESTIVAL</b>	<b>**SPECIAL EVENTS:</b> September 6 – <u><b>Hiawatha Paddlewheel RiverBoat Trip &amp; Supper at Fry Brothers' Turkey Ranch</b></u>
<u><b>A Big Oswayo Valley Happy Birthday to:</b></u> All Celebrators	<u><b>A Big Ulysses Happy Birthday to:</b></u> All Celebrators